



**Reflections**

**In**

**The**

**San**

**Juan**

**Mountains**

By **Julie Stephens**

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**The**  
**San**  
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**Mountains**

By

Julie Stephens

To my beloved husband,  
Bruce

*Whatever our souls are made of,  
his and mine are the same.*

Emily Brontë

***Reflections In the San Juan Mountains***

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Read what others have said about  
**Reflections In The San Juan Mountains:**

*These shared moments of awe and wonder and reflection are a balm for the soul, a treasure to delight in, again and again, a very personal, authentic, gift for hearts hungry for nature, friendship, and intimacy with God.*

Susie Wheaton, Christian Educator, St. Alban's Episcopal Church, Arlington, Texas

*Every morning as I am walking our Shelties down the road, seeing the sun come over the mountains, the blue crystal clear sky and breathing in crisp clean air, a sense of calm and gratefulness comes over me...I thank God for another day in paradise. This is where I've come to refresh my spirit, read, write, paint, make choices and set goals.*

*Thank you, Julie for putting this book together. It is beautifully written. Those of us who are familiar with the San Juan's will reminisce with smiles and warm hearts. This book will give others insights into the beauty and awe of nature, which is most rewarding for their souls.*

Amy Pierson- Retired Airline Administrator;  
creator of Amy's Oat Pillows, Quilted Decor  
and More

*...feeds both the heart and the eye with inspiration and beauty.*

John Stevens, Texas country resident, retired  
aeronautics writer, two time cancer survivor

*A lovely book. A reflection of the Peace, Beauty and Serenity of the San Juan's and the Wonder of Nature. A wonderfully relaxing and spiritual book with beautiful photos and many hidden spiritual gems. A book you will want to keep on your night stand and enjoy in bits and pieces, over and over again.*

Becky Vickers, Lake City Resident and Retired  
Colorado Department of Transportation  
Environmental Professional

*...it nudges gently at the contemplative dwelling in me and, I expect, in every one of us.*

Rev. John Manahan, Catholic Priest, Pastoral  
Associate at St. Francis De Sales Parish  
Cincinnati, Ohio  
trying to be contemplative

Even the smallest thing in nature can reflect the wonder and majesty of God's creation. As children need opportunities to explore the natural world, so do we as adults. When we spend time in nature we become refreshed, renewed, and reconnected to this wonder-filled world that was created especially for us. These pictures and words inspire me to take advantage of that experience!

Terry Powell, Pre-school teacher at the  
River Legacy Nature School,  
Arlington, Texas

*This book of yours, Julie, inspires me to seek a deeper relationship with God through the outstanding views of nature that He has provided for me here in the San Juan Mountains. Sometimes every day is so busy that I too late realize that I have missed a rich moment to seek the calm and restorative acts that are reflected by God's handiwork. Your book makes me realize that I must reach out and grasp what is right in front of me and within reach and savor every moment as I grow older in these mountains. I must not wait a minute longer to do so.*

Brenda Rock, current President of the Pioneer Jubilee Women's Club, retired elementary teacher, retired Youth Minister and retired to the San Juan Mountains permanently.  
I will live here forever!

*Being a breast cancer survivor and being able to recover from surgery and chemotherapy in the setting of the San Juan Mountains and Lake City, I can relate to the healing power of nature for body and soul that is so well presented in this book. I come here as often as possible to let go of stress and craziness of the business world, rejuvenate and enjoy all the pleasures of the mountains...thank you for sharing and writing.*

Stephanie Pierson, Lake City summer resident  
and business executive

*This delightful little book is a nice way to relax and remember why we spend time in the mountains.*

Linda Matthews, Lake City resident and  
Owner of Back Country Navigator

*Loved the photos – really brings so much of Lake City to life. It is hard to put into words, and/or photos just how beautiful and calming life in the San Juan Mountains can be for those fortunate enough to live or visit here. As some say, “if you are fortunate enough to live in Lake City, you are fortunate enough.” For although there are other very beautiful places in the world few can compare to the remoteness and quietness of our town. It is here I feel inspired to give more throughout the community, using the talents given to me.*

*Julie Stephens has captured this feeling in her words and photos. I hope many are inspired by this book to see the beauty in their own backyards for it is there, you just have to look for it. And when you do find it you can then look for beauty in so many other things previously taken for granted. Don't wait any longer – look, as Julie has done, for the beauty of and in the world.*

Erin Cavit, full-time resident of Lake City

# Reflections In The San Juan Mountains



*Each of us is here for a brief sojourn; for what purpose he knows not, though he senses it. But without deeper reflection one knows from daily life that one exists for other people.*

Albert Einstein

*I don't think it's an overstatement to say that anyone who knows Julie is better for it. She lifts up everyone. For much of her life she did this just by being herself. Now she has taken some of the inspiration she finds around her, in nature and in everyday activities and submitted that to paper. As a result, we will all be enriched again by her presence.*

David McHam, Instructional Professor  
Jack J. Valenti School of Communication  
University of Houston

Julie Stephens has felt affection for the Lake City area since first staying at the Vickers Dude Ranch on her honeymoon in 1977. A lover of the environment and an encourager by nature this book appeals to those with similar dispositions.

*Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves.*

John Muir

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